

Elections Canada.....P.11	Office Closure.....P.2
Searching for Volunteers.....P.5	Parking.....P.5
Welcome to.....P.9	Wreath Competition....P.5
Resident Rights.....P.10	Oktoberfest.....P.6
Help Us be Flu Fighters.....P.10	Thanksgiving.....P.11



www.jubileeresidences.ca

“Your Care Matters to Us!”

<http://facebook.com/JubileeResidences>

In the event you have any questions regarding your care please direct them to the Registered Nurse. If they are unable to assist you, please contact Val Hnatuk, Director of the Care Team at Stensrud Lodge and Laurie Brown, Director of the Care Team at Porteous Lodge.



October 2019



EDEN ~ From The Garden

The Eden Philosophy has seven primary elements of well-being: identity, growth, autonomy, security, connectedness, meaning, and joy. This month we will look at the element of “autonomy” to measure well-being among all members of the care partner team.

AUTONOMY – liberty; self-governance; self-determination; immunity from the arbitrary exercise of authority; choice; freedom

Simply put, to be autonomous is to be one’s own person ...to be respected for one’s ability to decide for oneself, control one’s life and absorb the costs and benefits of one’s own choices. Lacking autonomy, is a condition which allows or invites sympathy. The key to grasping the depth of autonomy is balance. If people are only able to choose between courses of action that are “good for them” or “pre-selected” then the true dimension of autonomy is greatly diminished. No one, with very few exceptions, has complete autonomy.

Principle Four of the Eden Alternative Philosophy reminds us that the opportunity to give as well as receive is the antidote to helplessness. People who identify as care givers sometimes perceive good “care giving ”as doing everything possible for another individual. However, this well-

meaning generosity can lead to learned helplessness and diminish individual choice. This imbalance of care ultimately destroys autonomy for everyone involved in the care relationship. In contrast, the concept of care partnership reminds us that care is not a one-way street, that opportunities to give as well as receive are abundant and available to everyone in the care partner team, so-called “care givers” and “care receivers” alike. Care partnership, as a way of relating to each other, helps us optimize choice.

There are two primary choices in life: to accept conditions as they exist, or accept the responsibility for changing them.

Be careful of your thoughts,
for your thoughts become your words.
Be careful of your words,
for your words become your actions.
Be careful of your actions,
or your actions become your habits.
Be careful of your habits,
for your habits become your character.
Be careful of your character,
for your character becomes your destiny.

**Jubilee Residences
Executive Team**

Yvonne Morgan, CEO
306 955-0234 ext 106

Tyrone Okrainetz
VP Quality Care
306 955-0234 ext. 108

Jessica Medernach
VP Corporate Services
306 955-0234 ext 105

Robin Wolfe, Executive Asst.
306 955-0234 ext 109

Management Team

Director of Safety
306 373-5580 ext 222
306 382-2626 ext 222

Director of Maintenance
306382-2626 ext 226
306 373-5580 ext 222

Director of Human Resources
306 955-0234 ext 103

Ben Doucette, Interim
Housing Coordinator
306 955-0234 ext 107

Bev Jacobson
Manager Support Services
306 382-2626 ext 237
306 373-5580 ext 225

Caroline Yang, Manager
Accounting Services
306 955-0234 ext 101

**Please note that ALL
Offices will be closed
Monday,
October 14th for the
Stat holiday.**

Porteous Lodge

On Sept 12 we took a nice country drive through Cathedral Bluffs to Warman. Residents on this trip were Sharon W.; Tony S.; Joe S.; Alpha H.; Marlene F.; Russell W.; Leslie K.; Freda G.; Gwladys T; and Fay A.

On Sept 16 we went on a scenic country drive to Pike Lake. Residents enjoying this trip were Dennis D.; Leona H.; Fred O; Joyce O.; Gus S.; Nick R.; Liz H. and Sherry H.

On Sept 17 we took another beautiful drive passed Cathedral Bluffs to Warman. This trip included Garry S.; Amy S.; Osborne T.; Bernice W.; Lawrence K.; Ellen R.; Vicky H. and Sheila F. Thanks to Harvey and Janice for joining us on this trip.

On Sept 18 we took a shopping trip to Walmart. Residents who went shopping were Alex W.; Tony S.; Marie H.; Pearl M.; and Rose A. Thanks to Darlene, Myrna and Carmene for helping with this trip.

On Sept 19 we took a trip to try out luck at the Dakota Dunes Casino. Residents on this trip were Phil H.; and his wife Rosina; Lloyd M; Pat H.; and Gerald K. Thanks to Bonnie and Kendra for helping us out that day.



Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings. What are YOU thankful for?



Simple Formula for Living

Live beneath your means. Return everything you borrow. Stop blaming other people. Admit it when you make a mistake. Give clothes not worn to charity. Do something nice and try not to get caught. Listen more; talk less. Every day take a 30 minute walk. Strive for excellence, not perfection. Be on time. Don't make excuses. Don't argue. Get organized. Be kind to unkind people. Let someone cut ahead of you in line. Take time to be alone. Cultivate good manners. Be humble. Realize and accept that life isn't fair. Know when to keep your mouth shut. Go an entire day without criticizing anyone. Learn from the past. Plan for the future. Live in the present. Don't sweat the small stuff. It's all small stuff!

Porteous Lodge

Contact	
306 382—2626	Ext:
Director of Care Team Laurie Brown	223
Facility Assistant/Receptionist Rae Gamble	221
Recreation Coordinator Brad Lavoie	234
Recreation / Volunteer Coordinator Cheryl Clarke-Chorney	234
Dietary Team Lead Carmene Doucette	232
Maintenance	235
Lodge Nursing	228
Villa Nursing	230
Physical/Occupational Therapy	238

Good-bye's & Hello's
With heartfelt sorrow we say goodbye to Residents who have left this world. We say farewell to: Frieda Meissner.

Welcome to our new Residents who have decided to make Porteous Lodge their home. Our commitment is to ensure that every individual is treated with dignity, respect and kindness. Please feel free to express any concerns or questions you may have to our staff. We welcome: Anthony Drage, Berrnhadine Hammel, Patricia A. McNeil, Heinz G. Schulz, Agnes Semchyshen and Victor Wailing.

To be serious is to press for a specified conclusion.

To be playful is to allow for unlimited possibility

Important Dates to Remember

Tuesday, Oct 1	Fiddle Express/Newcomers Tea	2:00 pm
Wednesday, Oct 2	St Thomas Wesley Service	6:15 pm
Wednesday, Oct 2	Wagon Rides	2:00 pm
Thursday, Oct 3	Porteous Olympics	2:00 pm
Wednesday, Oct 9	October Birthday Tea	2:00 pm
Tuesday, Oct 15	Music with Don	2:00 pm
Thursday, Oct 24	Music with Mo & Doug	2:00 pm
Thursday, Oct 31	Halloween Party	2:00 pm

Porteous Lodge Reception Office cannot process any payments to accounts after 2:00 pm on the last business day of the month to allow for month end procedures. Please make arrangements to conduct your business prior to our month end cut off.

For daily maintenance concerns during the week for courts, please contact Rae at **306 382-2626** xt 221.

Should you have any concerns on the weekends regarding minor maintenance issues, please contact the nursing station at **306-382-2626** ext 228.

You can't expect to be old and wise if you were never young and crazy!



Varsity Dental Group: Dental examinations/assessments and dental treatment is available in Porteous Lodge and in Stensrud Lodge. Dr. Raj Bhargava and his dental team, utilizing mobile equipment, can provide dental check-ups, cleanings, fillings, extractions and denture work. Normal dental fees will apply and if you or a family member are interested, please contact Dr. Raj Bhargava directly at Varsity Dental Group at 306—665—2400.

Stensrud Lodge

Contact
306 373-5580 Ext:
Director of Care Team
Val Hnatuk 226

Facility Assistant/Receptionist
Cathy Stuchenko 221

Recreation
Lisa Loveridge & Lana Mulic 234

Volunteer Coordinator
Terry Renn 244

Dietary Team Lead
Michael Pszedwoyski 228

First Floor Nursing 230

Second Floor Nursing 233

Physical & Occupational
Therapy 236

For daily maintenance concerns during the week for courts, please contact **Cathy 306 373-5580 xt 221.**

Should you have any concerns on the weekends regarding minor maintenance issues, please contact your custodians.

Eamer Court
Richard Care
306 292-9597

Cosmo Court
Gary Pinkerton
306 291-4404

Stensrud Lodge Reception Office cannot process any payments to accounts after 2:00 pm on the last business day of the month to allow for month end procedures. Please make arrangements to conduct your business prior to our month end cut off.

Good-bye's & Hello's
With heartfelt sorrow we say goodbye to Residents who have left this world. We say farewell to: Edna Elizabeth Bindle, Irene R. Chalmers and Sheila Neugebauer.

Welcome to our new Residents who have decided to make Stensrud Lodge their home. Our commitment is to ensure that every individual is treated with dignity, respect and kindness. Please feel free to express any concerns or questions you may have to our staff. We welcome: Delorese Hogan.

Dates to remember:

- Tuesday Oct 1 10:30 am Borscht Making
- Tuesday Oct 1 1:30 pm Borscht Tasting
- Friday Oct 4 1:30 pm Halloween Baking
- Monday Oct 7 2:30 pm WDM Singers
- Tuesday Oct 8 10:30 am Slides with Jack
- Tuesday Oct 8 2:00 pm Pumpkin Pie Social
- Wednesday Oct 9 10:15 am Gospel Music with Anita
- Wednesday Oct 9 2:00 pm Quilting Bee
- Friday Oct 11 1:30 pm Bake Sale
- Saturday Oct 12 10:00 am Liska Family Singers
- Monday Oct 14 Happy Thanksgiving! Rec Department closed
- Tuesday Oct 15 10:30 am Read with Jeff
- Wednesday Oct 16 2:00 pm Remai Art Program
- Thursday Oct 17 2:00 pm Music with Don Balzer
- Monday Oct 21 2:00 pm Music with Elizabeth
- Tuesday Oct 22 10:00 am Halloween Bingo Bishop Murray School
- Wednesday Oct 23 Daycare Visit 10:00am
- Thursday Oct 24 2:00 pm Orpheus 60 Choir
- Monday Oct 28 2:00 pm Birthday Party Music with Wes
- Thursday Oct 31 2:00 pm Halloween Pub Party

October is the tenth month of the year and has a host to a multitude of holidays, most notable Halloween and Oktoberfest. The zodiac signs for October are Libra and Scorpio; the birthstones are Tourmaline and Opal. The traditional flower of the month is calendula, symbolizing comfort, healing, protection and grace.

Stensrud Lodge

The Eden Alternative challenges us to break out of old patterns of thinking and behaving. It beckons us to believe that 'it can be different'. To truly make this shift, we must see the world in which our Elders live and we work, not as institutions for the frail and demented but as true caring communities where we grow people. We must recognize that this work of growing a caring community, as with any art, is a never-ending journey in the pursuit of mastery. Mastery, the mysterious process during which what is at first difficult becomes progressively easier and more pleasurable through practice.

Thank you Stensrud Lodge Volunteers for being a valuable part of our team!!!

Did you know that Stensrud Lodge Volunteers are some of the best volunteers in Saskatchewan, maybe even the world.....



If you are interested in becoming a part of this awesome group of volunteers. Please contact:

Terry Renn – Volunteer Coordinator

**Office Hours : Monday, Wednesday & Fridays
10:00am to 3:00pm**

Phone: (306) 373-5580 ext. 244

Terry.Renn@saskhealthauthority.ca

“Remember that the happiest people are not those getting more, but those giving more.”

H. Jackson Brown Jr.

Porteous Lodge

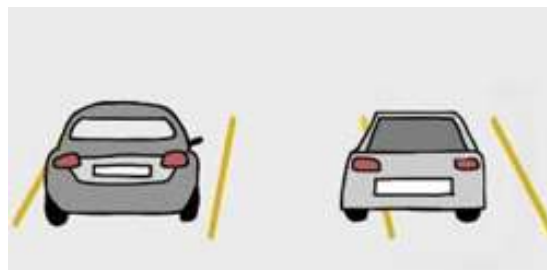
Mark your calendars!

Entry forms for the ‘Christmas Wreath’ competition will be available on November 1st! Pick up your entry form in Rae’s office! More information will follow... so get those creative juices flowing and get into the spirit!

Change is Possible!

Please be considerate and Park between the lines in the parking lot at either site.

It is respectful if you make room for others to park as well. Please be a little more aware of how our actions affect other people.



Please pay attention to the entrance and exit into the parking lot at Porteous Lodge!

This is a one-way flow of traffic; vehicles should be entering at the driveway closest to 30th Street, alongside Fairview Courts.

When exiting the parking lot, please use the driveway closest to 29th Street alongside Harry Landa Court.

Please DO NOT park in the parking stalls facing Harry Landa Court—these stalls are for Harry Landa tenants ONLY.

Please SLOW DOWN and watch your speed to ensure the safety of our residents as well as other visitors.

Jubilee's 5th Annual OKTOBERFEST Dinner & Comedy Night

Friday, October 18, 2019 at the German Cultural Centre presented by:



POWERED BY:
EARL'S PHARMACY LTD.

Thank you
for
donating
printing services!



Funds raised will go toward supporting the quality of life for residents in Porteous and Stensrud Lodges. Should you require any additional information, please contact Jubilee's Communications Consultant, Trish Cheveldayoff at 306-665-8759. Sponsorship information and tickets to Oktoberfest are available in the Reception Offices in Porteous and Stensrud Lodges.

Schedule and Ticket: 6pm Beer Sampling & Cocktails 7pm Dinner/Program/Entertainment
Tickets \$125/ea

Typically when Stensrud Lodge is shipped large items or supplies, wooden pallets are used. Pallets are an underrated source of decoration. **Did you know that you may snag wooden pallets at NO cost!**

With endless possibilities for these wooden frames, all you need is a little imagination some DIY talent and you can transform a wood pallet into a decorative piece of furniture, art, garden fixture..... you get the idea. Wooden pallets can be repurposed from useless to useful! Thankfully, it is entirely possible to make use of these wooden pallets! Stensrud Lodge has wooden pallets available to YOU!

For information regarding pick up of pallets, please call the Stensrud Lodge Reception Office at 306 373—5580 ext 221 or email:



ABOUT GROWING OLDER...

First

~ Eventually you will reach a point when you stop lying about your age and start bragging about it.

Second

~ The older we get, the fewer things seem worth waiting in line for.

Third

~ Some people try to turn back their odometers. Not me; I want people to know 'why' I look this way. I've traveled a long way, and some of the roads weren't paved.

Fourth

~ When you are dissatisfied and would like to go back to youth, think of Algebra.

Fifth

~ You know you are getting old when everything either dries up or leaks.

Sixth

~ I don't know how I got over the hill without getting to the top.

Seventh

~ One of the many things no one tells you about aging is that it's such a nice change from being young.

Eighth

~ One must wait until evening to see how splendid the day has been.

Ninth

~ Being young is beautiful, but being old is comfortable and relaxed.

Tenth

~ Long ago, when men cursed and beat the ground with sticks, it was called witchcraft. Today it's called golf.

And, finally

~ If you don't learn to laugh at trouble, you won't have anything to laugh at when you're old.

I've learned that whenever I decide something with an open heart, I usually make the right decision.

I've learned that even when I have pains, I don't have to be one.

I've learned that every day you should reach out and touch someone.

**YOU MAKE A LIVING BY WHAT YOU
GET; YOU MAKE A LIFE BY WHAT
YOU GIVE.**

The Eden domains of Well-Being:

Well-Being is defined as ‘a contented state of being’.

Well-Being is the path to a life worth living!

Autonomy: choice and self-determination, freedom from the arbitrary exercise of authority.

What does this domain look like in the day to day service of Elders?

We are committed to supporting Elders as they direct their own lives.

We recognize that we are care partners in the lives of Elders, not caregivers.

We ensure that Elders are actively making day to day decisions that affect them.

We optimize individual choice for each Elder.

We empower Elders by ensuring that choices are always available to them.

We take responsibility for making decisions that are appropriately ours and consult when necessary.

We support the decisions of Elders, even when we may not agree with them.

We abandon regimented schedules that place organizational priorities above the personal choice of each Elder.

We realize that we are working in Elders’ home.

We understand that the antidote to helplessness is a balance between giving and receiving care.

Eamer Court

Attention ALL Eamer Tenants:

IN CASE OF EMERGENCY, PHONE 9-1- 1 OR FAMILY MEMBERS.

Exercises in Eamer lounge Thursdays—9:30 am

Tuesday, Oct 8th ‘ Winchester ‘ will entertain at 7:00 pm in the lounge \$3.00 per person - coffee & cookies

Tuesday, Oct 22nd ‘Brothers of the Road’ will entertain at 7:00 pm in the lounge \$3.00 per person - coffee & cookies

Thursday, Oct 17: Social Club Supper - watch for posters!

Eamer Court Social Club Executive:
Ron Wrishko- President
Ralph Underwood- Vice President
Marlene Eaton- Secretary

There will be a Craft Sale in Eamer Court on November 6, 2019 9:30 am to 3:00 pm. We are looking for vendors to sell their goods! Cut off date is October 15th. \$10. per Table Rental. Please phone Joyce for further information 306—955—0234 ext 107

Invitation from the Hairdresser in Eamer Court: Sandra McDonald is the hairdresser in Eamer Court and she would like to extend an invitation to all newcomers to Eamer Court. To welcome new tenants ‘Sandy’ will offer 20% off her services!

The **Jubilee Journal** is produced monthly for residents, families, tenants and staff. If you wish to receive this internal newspaper by e-mail, or have comments or suggestions for content, please let me know by e-mail, phone or regular mail. We’d love to hear from you!

Telephone: 306-955-0234 xt 109
Jubilee Residences # 8- 2602 Taylor Street East, Saskatoon SK S7H 1X2. Robin
robin.wolfe@saskhealthauthority.ca

Raise your words Not your voice
It is rain that grows flowers, Not thunder.



Eamer Court & Cosmo Courts

Remember the good old days when you could visit a few neighborhood garage sales and score a treasure or two? Today, the bargains are still out there, but who knows what you might bring home hidden inside that gently used piece of furniture. We know this is bad news, but upholstered furniture can be a paradise for bed bugs. Once inside, they can be impossible to detect. **Please DO NOT bring used furniture into the courts.**

Jubilee has experienced a high number of new tenants moving into the courts—particularly Cosmo Court. We recognize that this means a lot of hustle and bustle with noise and doors opening and closing. Please be respectful of your neighbors at all hours.



Cosmopolitan Court

Welcome to New Tenants: Eugene Ivanenko #51; Susan Fournier #24; and Brad Funk #90.

Blood Pressure Clinic: Lona from Saskatoon Home Support will be here on **Tuesday, October 1 from 9:00 to 10:00 am.** Come and get your blood pressure checked!

Tuesdays: October 1; 8; 15; 22 & 29: Coffee mornings in the lounge—\$2 each. Bring your cup!

Monday, Oct 7: Social club meeting at 7:00 pm. Please attend! Election of Cosmo Court Social Club Executive will take place!

Wednesday, Oct 9: Movie—watch for posters

Sunday, Oct 20: Ham & Scalloped potatoes Supper. \$10. each at 5:30 pm.

Saturday, Oct 26: Bingo at 7:00—9:00 pm

Thursday, Oct 31: Games Night at 7:00 pm & Halloween Party!

Cosmo Court Social Club Executive:
President—Linda B. phone 306 716—4152
Vice-President—Duane H. phone 306 249— 0381
Treasurer—Sandy P. phone 306 291-4405
Secretary—Brenda Z. phone 306 280— 1517

For after hours maintenance concerns please call Gary @ 306 291-4404.



Mount Royal Court

For daily maintenance concerns during the week, please call: Rae Gamble at 306 382-2626 ext 221.

For emergency maintenance evening, weekends & holidays please call: the Porteous Lodge Nursing Desk at 306 382-2626 ext. 228.

Eamer Court—Cosmo Court— Mount Royal Court

Tips for Fire Safety: The majority of fires happen in the kitchen -- Be Careful when Cooking

- Stay in the kitchen when you are cooking anything. If you must leave the kitchen, even for a moment, turn the stove or burner off.
- Check your food regularly.
- Never wear loose fitting clothes while cooking.
- Keep anything that can catch fire- oven mitts, wooden utensils, food packaging, etc away from your stovetop. Do not use your stovetop as a countertop for storage when you are not cooking. The element can accidentally get turned on and cause a fire.
- Fight small cooking fires by sliding a lid over the pan and turning the stovetop off.
- If the fire does not go out, leave your suite or cottage and call 9-1-1 immediately.
EMEMBER THE FIRE DEPT WILL NOT COME UNLESS YOU CALL 9-1-1.
Do not assume that someone else has called. The fire dept would rather get 10 calls than no calls if there is a fire.



Stensrud and Porteous Lodges

OCTOBER highlights Emergency Preparedness Code Blue

DEFINITION: Code Blue is the term used to describe a situation when an individual (resident/ staff/visitor) is suspected of having a cardiac arrest or has stopped breathing or is in medical distress. CPR is not offered by staff in long-term care homes within Saskatoon Health Authority . As clinically appropriate, Emergency Medical Services will be initiated (a call placed to 911) for residents in cardiac arrest who have indicated, or their legal proxies have indicated, preference for CPR on their Serious Illness/Sudden Collapse

Please give a warm welcome to

Ben Doucette will be joining us on October 1 as the interim Housing Coordinator. Ben has been the Off Site Building Manager at Saskatoon Housing Authority for the last year and has had multiple years of experience working in the maintenance department at Jubilee Residences. We are excited for the property management experience Ben brings and his knowledge of Jubilee Residences.

Welcome to **Laurie Brown**, the Director of Care for Porteous Lodge. Laurie is a registered nurse who comes to Jubilee from Royal University Hospital, where she is focused on patient care and quality improvement. Laurie is a clinical instructor with the University of Regina where she mentors and guides students in acute and long-term care settings. Laurie is currently completing her Masters of Health Administration at the University of Regina. Laurie will start with Jubilee Residences on September 30th!

Jubilee Residences Mission:

To meet the needs of residents so they may live with dignity, companionship, and the assurance of excellent care and service.

Fall Prevention: Ask these 3 questions before leaving a resident's room:

1. Do you need to use the toilet?
2. Do you have any pain or discomfort?
3. Do you need anything before I leave?

Asking these simple questions will:

- Reduce the risk of resident falls
- Decrease resident's use of call bell
- Increase resident satisfaction

Residents Rights

Jubilee Residences will ensure that the following rights of residents are fully respected and promoted. If you have any questions at any time, please feel free to let us know.

You have the right to:

You have the right to have your privacy respected. This means:

You will be offered options for privacy during your personal care;

You will be offered options for privacy during toileting;

You will have the option to communicate in private and to receive visitors;

Your private and personal information will not be shared with people not involved in your care.

Your care team will knock before entering your room.

You should feel that you are being treated with respect when you are given medical care. For example, when your doctor is examining you, the door to your room or curtain around your bed should be closed. You should also have privacy when your personal needs are being looked after. For example, when you are being dressed or bathed, the door or privacy curtain should be closed. When you use the washroom, the door should be closed if that is what you prefer.

Help Us be Flu Fighters!

How to protect residents and your family this flu season. Get your flu shot!

The flu vaccine will be available in Saskatchewan starting on October 21, 2019.

All healthcare workers, students, emergency response workers, visitors, and volunteers are capable of transmitting influenza to those at high-risk of flu complications.

The best way to protect our residents, our families, our co-workers and ourselves is through vaccination and regular hand washing. Get your shot early for best protection.

The flu vaccine is always offered outside of work, please let your Director of Care (DOC) know. Call-in or email your proof of vaccination. A complete listing of flu clinics offered by Saskatchewan Health Authority can be easily accessed at www.4flu.ca.

**YOU'VE GOT TO
BE KIDDING!
SHAKE HANDS?
AT THE HEIGHT OF
THE FLU SEASON?**



A Wonderful Thanksgiving Story

A blind boy sat on the steps of a building with a hat by his feet. He held up a sign which said: "I am blind, please help." There were only a few coins in the hat.

A man was walking by. He took a few coins from his pocket and dropped them into the hat. He then took the sign, turned it around, and wrote some words. He put the sign back so that everyone who walked by would see the new words. Soon the hat began to fill up. A lot more people were giving money to the blind boy. That afternoon the man who had changed the sign came to see how things were.

The boy recognized his footsteps and asked, "Were you the one who changed my sign this morning? What did you write?"

The man said, "I only wrote the truth. I said what you said but in a different way." I wrote: "Today is a beautiful day but I cannot see it."

Both signs told people that the boy was blind. But the first sign simply said the boy was blind. The second sign told people that they were so lucky that they were not blind. Should we be surprised that the second sign was more effective?

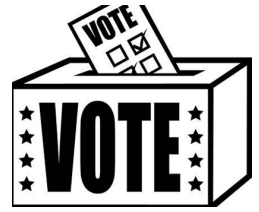
Moral of the Story: Be thankful for what you have. Be creative. Be innovative. Think differently and positively. When life gives you a 100 reasons to cry, show life that you have 1000 reasons to smile. Face your past without regret. Handle your present with confidence. Prepare for the future without fear. Keep the faith and drop the fear.

The most beautiful thing is to see a person smiling; even more beautiful, is knowing that you are the reason behind it!

Happy Thanksgiving to all!



Elections Canada



Jubilee Residences will have a Special Poll at **Eamer Court** on **Monday, October 21st** from 7:30 am to 7:30 pm in which tenants from Eamer and Cosmo Courts as well as Stensrud Lodge residents can vote. For **LODGE** residents only, management will provide Elections Canada with a Letter of Confirmation to enable LODGE residents to vote. If you have any questions, please contact Cathy in the Stensrud Lodge office at 306 373—5580 ext 221.

Jubilee Residences will have a Special Poll at **Porteous Lodge** on **Monday, October 21st** from 7:30 am to 7:30 pm in which tenants from Mount Royal Court and Harry Landa Court as well as Porteous Lodge residents can vote. For **LODGE** residents only, management will provide Elections Canada with a Letter of Confirmation to enable LODGE residents to vote. If you have any questions, please contact Rae in the Porteous Lodge office at 306 382— 2626 ext 221.

Advance Polls will be held at St Matthew School; 1508 Arlington Ave on October 11th to October 14th; polls open 9:00 am to 9:00 pm each day.

Eamer Court—Cosmo Court—Mount Royal Court—Harry Landa Court Tenants Voting Requirements:

Voters must provide identification to be eligible to vote. Options are: 1) Photo ID. 2) two original pieces of identification which both state your name and at least one shows your address. 3) Having another voter vouch. The person vouching must have acceptable ID, is entitled to vote in the election, and complete a form to vouch for another.

Once you start practicing being grateful and thankful for things, people, and events, you may notice that you start to attract more positive things, people, and events in your life.

Jubilee Residences is committed to safety for ALL:

Commitment: Jubilee Residences is committed to providing a safe and healthy work environment for all staff. Jubilee Residences recognizes the duty, rights, and responsibilities for all staff and will ensure that all staff are aware of these duties, rights and responsibilities. Jubilee Residences Inc will establish and maintain an occupational health and safety program, and Mission Zero as part of their safety management system. Jubilee Residences will support safe work procedures thought the funding of adequate equipment, programs, and training thought the establishment of standards for safe work practices. Jubilee Residences will adopt and preserve the following:

Safety of staff is as important as the safety of Elders.

Staff have a right to work in a safe and healthy work place

Health and safety is everyone’s responsibility based on the work place responsibility system (WRS).

It is a condition of employment that all Jubilee Residences staff will work in a safe and healthy way.

All hazards will be identified, and controlled thought work place inspections.

Health and safety education and training will be consistent and ongoing.

Healthy and safety meetings will be held regularly with staff input.

All incidents and dangerous occurrences will be reported and investigated.

Safety applies to all: employer, supervisor, staff, volunteer, and contractor.

An injury at work follows you home, so work safe.



**Thank you
to staff
for working safely!**

Did you make a difference today?

Jubilee Residences Foundation accepts donations on behalf of Porteous and Stensrud Lodges
"Make a difference in the life of a resident...give today."

Name (please print): _____

Address: _____

Postal Code: _____ Telephone: Home _____

Business _____ Email: _____

I wish to make a donation of: _____\$1000 _____\$500 _____\$250 _____\$100 _____\$50 Other _____

To donate online, please visit: www.canadahelps.org

Please make cheques payable to: Jubilee Residences Foundation.

Gifts of \$10.00 or more are tax deductible & a receipt will be issued.

Charitable registration # 893571810RR0001

Thank you for your support!

