

“Eden Alternative Domains
of Well-Being.....P. 4”

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“ Safety ..P. 6”

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Jubilee JOURNAL

MAY
2019



EDEN ~
From
The Garden

EDEN ALTERNATIVE PRINCIPLE # 9 CREATING AN EDER-CENTERED COMMUNITY IS A NEVER-ENDING PROCESS. HUMAN GROWTH SHOULD NEVER BE SEPARATED FROM HUMAN LIFE.

The Eden Principles are used to improve the quality of life for Elders and their care partners. This concept relates not only to the Elder’s care environment, but also to the Elder’s community, to the Elder’s world, and how they relate to and interact with it. Jubilee aspires to create the most positive experience of Elderhood Possible.....

- Elders have a legacy or gift to share with their loved ones and their communities;
- Meaningful care nurtures the human spirit as well as the human body
- Meaningful care also recognizes and nurtures each person’s unique capacity for growth;
- The Elder is actively involved as a care partner in their own care
- Elderhood is honoured as a valued phase of human development, not just decline of life.
- An Elder is someone who by virtue of life experience is here to teach us how to live.

Quality of life should be defined in terms of what we CAN do and what we have to offer, as opposed to what we CAN’T do and how we might be limited. Care is defined as that which helps another to grow. Defining care in this way focuses on the quality of our relationships as the key to our success. And it acknowledges that care is for EVERYONE on the team, not just those requiring treatment. When those usually described as care receivers learn that they have something to give—and there is always some way that they can, no matter how subtle—and those usually described as care givers realize there are ways that they receive from care receivers, some amazing shifts can occur in the care relations.


Real change begins with the simple act of people talking about what they care about. Starting a conversation is the most powerful means we have for bringing about change. When people are given a voice in the process, their resistance to change diminishes and they begin to see themselves as a part of the solution. Each voice is a precious resource. Person-directed care is structured around the unique needs, preferences and desires of an individual. Through this approach, decisions and actions around care honour the voices and choices of care recipients and those working most closely with them. The ultimate goal is well-being for all — all care partners (the Elder or individual accepting support, employees, family members, and volunteers), the organization, and the community. Eden promotes care partnerships, which affirms that care is a two-way street focused on ensuring the growth and well-being of everyone involved in the care relationship. It acknowledges that the quality of our relationships is the key to our success, and that care and well-being is for everyone, not just the individuals receiving treatment or services. Eden recognizes the importance of measuring well-being among all members of the care partner team. We can only experience true well-being, if those surrounding us are also experiencing true well-being. Well-being can be simply defined as “a contented state of being.” Satisfaction, wellness, and happiness are feelings associated with well-being. However, satisfaction is based on expectations. If others don’t meet them, we are not satisfied. Wellness implies healthiness, which may peak and decline over time. Happiness, too, is a human emotion that comes and goes. In contrast, well-being evolves and develops over a life time, deepening as we grow into our full potential as human beings. Well-being is the path to a life worth living. It is the ultimate outcome of a human life. It leads us to ask the following questions: What are the components of well-being? What do we need to experience contentment?

Written by Robin

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Porteous Lodge Stensrud Lodge
“Your Care Matters to Us!”

In the event you have any questions regarding your care please direct them to the Registered Nurse. If they are unable to assist you, please contact Val Hnatuk, Stensrud Director of the Care or Tyrone Okrainetz, Porteous Director of Care. 

Jubilee Residences
Executive Team

Yvonne Morgan,
CEO
306 955-0234 ext 106

Deb Taylor
VP - Quality & Safety
306 955-0234 ext. 108

Aurora Zhou
VP - Corporate
Services
306 955-0234 ext 105

Robin Wolfe
Executive Assistant
306 955-0234 ext 109

Jubilee Residences
Management Team

Kelly Greenwood
Director of Safety
306 373-5580 ext 222
306 382-2626 ext 222

Steve Harder
Director of Maintenance
306 382-2626 ext 226
306 373-5580 ext 222

Heather Saunders
Director of Human
Resources
306 955-0234 ext 103

Kathy Pawluk
Housing Coordinator
306 373-5580 ext 235

Caroline Yang
Manager Accounting
Services
306 955-0234 ext 101



STENSRUD LODGE

Resident of the Month: Robert (Bob) Carlson has been living in Stensrud Lodge since April 2016. Bob was born in Philadelphia, US and is married with two children. He worked as a Professor in Educational Foundations at the University of Sask. Bob enjoys watching old TV shows; watching the Philadelphia Phillies play ball and he is a hockey fan. Bob stays current by watching the news and by following political programs.

Welcome to The month of May—We look forward to spring cleanup in the courtyard and being able to enjoy the warm outdoors. We know everybody is excited to enjoy spring. Come out and join us in the May programs and events.

The **Jubilee Journal Newspaper** is produced monthly for residents, families and staff. If you wish to receive the Journal by email or have comments or suggestions for content, please let me know by email, or have comments or suggestions for content by email, phone or regular mail. Telephone 306-955-0234 ext 109—Robin **Jubilee Residences # 8—2602 Taylor Street East—Saskatoon Sk S7H 1X2**

Dear Nurse,

We just moved my mother in and our family were wondering how we will know how she is doing? What happens if we have concerns? Who do we talk to?

Wanda Worrier

Dear Wanda,

A plan of care is established when a resident first enters the lodge in consultation with the resident and family about physical, social and spiritual needs. A multidisciplinary team meets regularly to assess the resident's needs and to revise the "All About Me" document as necessary. Care Conferences are held regularly. You will receive notification by letter. Staff members will meet with the resident and family to discuss care the resident is receiving or wishes to receive. The team includes representation from such services as: Physician Nursing Dietary Housekeeping Recreation Pharmacy

The involvement of the resident and family at these conferences provides a valuable contribution. A resident or family will be encouraged to speak directly to staff if questions or concerns arise. It is not necessary to wait for a scheduled care conference to address concerns.

DATES TO REMEMBER

Wed	May 1	Remai Art Program with Roland Michener School kids	2:00 pm	Wed	May 15	Bingo with Roland Michener School kids	2:00 pm
Mon	May 6	Patio Clean-up with Bishop Murray School kids	10:00 am	Mon	May 20	Happy Victoria Day—Rec Dept closed	
Tues	May 7	Berry Barn outing	1:30 pm	Tues	May 21	Music with Grand Ole Opry	2:00 pm
Wed	May 8	Quilting Bee	2:00 pm	Wed	May 22	Gospel Music with Ralph	2:15 pm
Thurs	May 9	Music with Don Balzer	2:00 pm	Mon	May 27	Music with Elizabeth	2:15 pm
Fri	May 10	Mother's Day Tea—Music with Phil	2:00 pm	Tues	May 28	Read wit Jeff	10:30 am
Mon	May 13	Music with Western Development Singers	2:30 pm	Tues	May 28	May Birthday event Music with Old Tyme Rhythm Makers	2:15 pm
Tues	May 14	Pancake Breakfast for 1st & 2nd floors	7:30 am	Wed	May 29	Ice Cram Sundaes with Roland Michener School kids	2:00 pm
Tues	May 14	Slides with Jack	10:30 am	Thurs	May 30	Community Association Meeting	2:45 pm
Wed	May 15	Daycare Visit	10:00 am	Fri	May 30	Newcomers Tea	2:00 pm

Stensrud Lodge
Contact Information
306 373-5580

Extension

Director Care Team
Val Hnatuk 226

Receptionist
Cathy Stuchenko 221

Manager Support Services
Bev Jacobson 225

Recreation/ Therapies
Lisa Loveridge & Lana Mulic 224

Volunteer Coordinator
Lyla Fuller 244

First Floor Nursing 230

Second Floor Nursing 233

Dietary
Michael Pszedwoyski 228

Good-bye's & Hello's to Our Residents With heartfelt sorrow we say goodbye to Residents who have left this world. We say farewell to: Margaret E. Harding; Martha Henriet; Lorraine McNaughton and Vija Ratz.

Welcome to our new Residents who have decided to make Stensrud Lodge their Home. Our commitment is to ensure that every individual is treated with dignity, respect and kindness. Please feel free to express any concerns or questions you may have to our staff. We welcome: Florence Adams; Shirley Bender; Fred Drews; Nick Georgiou; Eileen Hricz and Lora Sovason.

Judge less ~ Appreciate more!

For daily maintenance concerns during the week for courts, please contact **Cathy at 306 373-5580 ext 221.**

Should you have any concerns on the weekends regarding minor maintenance issues, please contact your custodians.

Eamer Court
Richard Care—306 292-9597

Cosmo Court
Gary Pinkerton—306 291-4404

Are YOU wearing your name tag?

Stensrud Lodge Reception Office cannot process any payments to accounts after 2:00 pm on the last business day of the month to allow for month end procedures. Please make arrangements to conduct your business prior to our month end cut off.



PORTEOUS LODGE

Porteous Lodge Annual Fishing trip

Wednesday, May 29, 2019—8:30 am -1:00 pm

Fishing Pond at Saskatoon Forestry Farm:

Rainbow trout are the catch of the day at the Forestry Farm Park Fishing Pond! Open daily, May 1 - October 31, the quiet setting of the pond is a great place to unwind and try your hand at angling. Catch and release is encouraged and there is a two fish per-person, per-day limit. Bring your own equipment and bait (no corn please.)

Good things come to those who Bait!!!

The pond was built in partnership with Saskatchewan Environment and Resource Management as part of the fish enhancement program, and remains a popular destination in the Park.

Nothing makes a fish bigger than almost being caught!

You cannot raise your children as your parents raised you, because your parents raised you for a world that no longer exists.

DATES TO REMEMBER

Wed	May 1	St Thomas Wesley Service	6:15 pm
Fri	May 3	R.C. Mass	2:00 pm
Tues	May 7	Fiddle Express & Newcomers Tea	2:00 pm
Wed	May 8	Birthday Tea/Mother's Day Tea	2:00 pm
Tues	May 14	Salvation Army Service	2:30 pm
Mon	May 27	Community Association Meeting	10:30 am
Wed	May 29	Fishing at Forestry Farm	
Thurs	May 30	Pub Night	6:30 pm

Prairie Lily Neighborhood will be having a "Walk and Wheel-a-thon" on Saturday, May 25th. Please see Shirley or Shelby for more information and start collecting your pledges for the "Walk and Wheel-a-thon"! Proceeds from the fundraiser will go towards refreshing the neighborhood with paint and décor. Wear your green!.....Prairie Lily Neighborhood would like to use this opportunity to support the Saskatchewan Roughriders.....Wear your Rider gear!

UNIQUE and REWARDING OPPORTUNITY FOR A HAIR SYLIST

Are you a people person?

Do enjoy working with a great team?

Do you want to make a difference in the lives of our residents?

Then we need you at Porteous Lodge

Jubilee Residences is presently recruiting for a part-time Hair Stylist at Porteous Lodge effective May 2nd 2019 on a contracted basis as a private self-employed operator. The hours are negotiable. The current hairdresser works 4 afternoons per week, Monday thru Thursday. Salon space and some equipment is provided for a nominal lease. For more information and to reply in confidence contact:

Tyrone Okrainetz, Director of Care - Porteous Lodge
833 Avenue P North, Saskatoon, Saskatchewan S7L 2W5

Phone: 306 382 2626 ext

Fax: 306 382 2633

Porteous Lodge has a 'Paws-itive Impact'!

Porteous Lodge welcomes Pet therapy through St John's Ambulance on a regular basis.

Nikki brings her dog 'Leroy' on a weekly basis.

Jennifer also brings her dog 'Gracie' on a weekly basis.

Thank you to our four-legged friends!

Porteous Lodge

Contact Information

306 382-2626

Ext

Director Care Team

Tyrone Okrainetz

223

Facility Assistant/Receptionist

Rae Gamble

221

Manager Support Services

Bev Jacobson

237

Recreation Coordinator

Brad Lavoie

234

Recreation / Volunteer Coordinator

Cheryl Clarke-Chorney

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Dietary Department

Carmene Doucette

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Maintenance

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Good-bye's & Hello's to Our Residents

With heartfelt sorrow we say goodbye to Residents who have left this world.

We say farewell to: Keith C. Bird; Jacqueline Moyra Dack; Roy S. Dutnall; Geraldine Hoffman and Julianna Moldenhauer.

Welcome to our new Residents who have decided to make Porteous Lodge their Home. Our commitment is to ensure that every individual is treated with dignity, respect and kindness. Please feel free to express any concerns or questions you may have to our staff. We welcome: Faye Anderson; Victoria Hauck; Lawrence J. Kreiser; Sharon Painchaud; Nadine P. Robinson and Gustave Schindel.

No one is born a great cook one learns by doing!

Thank YOU to everyone who submitted a recipe s) for the Taste of Home Cookbook that is being created in honour of the 60th anniversary of Porteous Lodge! Food is memories...!! Cheers to you all..!

Porteous Lodge Reception Office cannot process any payments to accounts after 2:00 pm on the last business day of the month to allow for month end procedures. Please make arrangements to conduct your business prior to our month end cut off.



STENSRUD & PORTEOUS LODGES

Dear Nurse,

My grandma just recently moved into Porteous Lodge. I have noticed that there is a lot of activity going on in the recreation department. I wondered how they had so many events with only a couple of staff working in that department. When I asked someone, they told me that they have lots of volunteers that help out. They then went on to say that volunteers don't just help out with big events but they can help out with meal time assistance, church services, pet visits, walking program and many other activities that are just one to one with our residents.

If I wanted to volunteer my time and help out, who should I talk to?

-Vivian Volley

Dear Vivian,

Volunteers are essential in providing residents with personal interactions. Stensrud and Porteous Lodge work with youth and adult volunteers. Potential volunteers can set up an appointment with the Volunteer Coordinator at Stensrud Lodge or at Porteous Lodge.

The Residents, Families and Team Members of Porteous Lodge wish to extend a warm thank you to the Cosmopolitan Club of Saskatoon for their generous donation. The donation from the Cosmopolitan Club of Saskatoon has been designated towards the purchase of a flag pole and flag for Porteous Lodge. Your support is very much appreciated! Thanks to donors like you, Jubilee Residences is more able to provide the comforts of home. Your donation will be immediately used to purchase the flag and flag pole.

Thank you for the feedback that I have received to date related to the format and size of the Jubilee Journal newspaper.

Please continue to send me your written comments and feedback about the layout and size of Jubilee's internal newspaper.

I am exploring layout, size and printing options so your input is valuable!

Robin 306 955—0234 ext 109 # 8 Cosmo Court

A Golden Couple

Half a century ago, they say,

A wonderful marriage began that day,

Two beautiful people joined as one,

And worked together to make life fun.

We celebrate now those fifty years,

We raise our glasses and give three cheers,

To Partners in life in both work and play,

It's our honor to share your golden day!

Happy 50th Wedding Anniversary to Myrna W. & her husband Brian.



Eden Alternative Domains of Well-Being.....

ALTERNATIVE[®]

The Eden Philosophy has identified seven primary elements of Well-being: identity, growth, autonomy, security, connectedness, meaning, and joy. Over the next few months, we will take a look at each element to measure well-being among all members of the care partner team. We all strive to live fully and the Eden Alternative has developed the domains of well-being to support a deeper understanding of full and abundant life and resident directed care.

Identity: being well-known, having personhood, individuality, wholeness, having a story.

Growth: development, enrichment, expanding, self-actualization.

Autonomy: choice and self-determination, freedom from the arbitrary exercise of authority.

Security: freedom from fear, anxiety and doubt; feeling safe; having privacy, dignity and respect.

Connectedness: belonging, engaged and involved, having close, meaningful relationships.

Meaning: purpose, activity that speaks to one's personal values, rituals, recognition and self-esteem.

Joy: happiness, enjoyment, pleasure, contentment.

Everyday is an opportunity to have a fresh start

Jubilee Residences Mission: To meet the needs of residents so they may live with dignity, companionship, and with the assurance of excellent care and service.

Happy Mother's Day ... Sunday, May 12th ...

- ◆ A mother is the person you can always call to see how long chicken lasts in the fridge.
- ◆ "It's not easy being a mom. If it were easy, fathers would do it." – Betty White
- ◆ I've learned to use meditation and relaxation to handle stress. Just kidding, I'm on my third glass of wine.
- ◆ If at first you don't succeed, try doing it the way your mom told you to do it from the start.
- ◆ Sometimes I open my mouth and my mother comes out.
- ◆ Motherhood. It takes patience, humor and a lot of disinfectant wipes.
- ◆ Silence is golden. Unless you have kids. Then silence is just suspicious.
- ◆ Dear Mom, Thank you for keeping all the bad stuff I did from Dad.
- ◆ Thank you for not telling my sisters that I'm your favorite.
- ◆ "I want my children to have all the things I couldn't afford. Then I want to move in with them." – Phyllis Diller
- ◆ A mom is your first friend, your best friend, your forever friend.

Life's three C's:

Choices Chances Changes

You must make a choice to take a chance, or your life will never change.



THE COURTS

EAMER COURT

Exercises: Every Thursday morning at 9:30 am with Marion A.

Milk Delivery: Gerhard picks up orders Wednesday mornings for milk and common dairy items only. He delivers the items the same morning. Sign-up sheets are on bulletin boards in Eamer and Cosmo Courts or call him directly at 306 934—8936.

Social Club Meeting: Wednesday, May 1 at 7:00 pm.

Entertainment: Tuesday, **May 14th** at 7:00 pm. The cost is \$3.00 each and a light lunch will be served. Ralph's Rhythm Kings will play.

Tuesday, **May 28th** at 7:00 pm. The cost is \$3.00 each and light lunch will be served. One Day at A Time will play.

Supper: Thursday, May 16th at 5:30 pm. It will be a perogie supper. Cost is \$12.00 per person. Watch for posters for sign up and dates to pay.

Book Club: Wednesday May 15th at 1:30 pm in Kathy's office. Everyone is welcome to join.

Birthday Party: There is no birthday party this month. Next month we will celebrate those with birthdays in June, July and August.

Mother's Day Bingo: Thursday, May 9th at 2:00 pm. All women will receive two free bingo cards. Cards are 50 cents each.

Hanley Community Choir will entertain on Saturday, May 11th at 7:00 pm.

Welcome to New Tenants: Hubert Schuster; Shirley Hildebrandt; Wayne Brugger.

Eamer Court Social Club Executive:

Ron Wrishko President Marlene Eaton Secretary
Ralph Underwood V. President Susan Popadyne Treasurer

To rent the Eamer Lounge: Contact Kathy at 306 373-5580 ext 235.

COSMOPOLITAN COURT

Blood Pressure Clinic: Lona from Saskatoon Home Support will be here on Tuesday, May 7th from 9:00 - 10:00 am.

Monday, May 6th: Social Club meeting at 7:00 pm in the lounge.

Coffee Mornings—Tuesday, May 7, 14, 21 and 28. \$2. each. Please bring a cup!

Friday, May 24th: Music 7:00 pm in the lounge \$3.00 per person

Sunday, May 26th: Bingo 1:00 pm by donation

For after hours maintenance concerns, please call Gary at 306 291— 4404.

Welcome to New Tenants: Arnold Finan; Cindy Driedger

Cosmo Social Club Executive:

President—Linda B. phone 306 979-6652.
Vice-President—Duane H. phone 306 249- 0381
Treasurer—Sandy P. phone 306 291-4405
Secretary—Brenda Z. phone 306 280- 1517



Living With Dementia

1. Agree, never argue
2. Divert, never reason.
3. Distract, never shame.
4. Reassure, never lecture.
5. Reminisce, never say 'remember'.
6. Repeat, never say 'I told you'.
7. Do what they can do, never say 'you can't'.
8. Ask, never demand.
9. Encourage, never condescend.
10. Reinforce, never force.

MOUNT ROYAL COURT

Notice to All Tenants: During office hours please report any leaking taps or toilets to reception desk at Porteous (Rae) 306 382—2626 ext 221. Thank you.

Welcome to New Tenants: Don Evanoff #38

It takes a deep commitment to change and an even deeper commitment to grow.

This is your invitation to join our CommunityJubilee Residences is truly an oasis in the

City! Jubilee Residences Inc. is currently accepting applications for individuals to join our unique, affordable, aging-in-place housing community: independent living, supported living and 24 hour supervised living. Abundant green spaces. Community Gardens. Meal Service available. Small pet friendly. Coordinated independent living assistance. Cottage, bachelor and private room options. Adjacent to shopping and amenities. Adjacent to Stensrud and Porteous Long Term Care Homes allowing families to remain close together. For application information, please contact Kathy at 306 373—5580 ext 235.

www.facebook.com/Jubilee-Residences
www.jubileeresidences.ca

If things get better with age then I must be getting close to freakin' magnificent.





May Highlights Emergency Preparedness Code Yellow

Code Yellow is a term used to describe a missing resident. When it is recognized that a resident is missing a search will be initiated and the announcement will be: Code Yellow, The Person In Charge of the support area of the missing resident will assume initial control of the incident and direct staff to do a thorough search including closets, under beds, bathrooms, supply rooms, areas not staffed, stairwells and grounds.

Be Accountable:

Choose safety - work safe - and go home injury free!

JR Safety Policy

Jubilee Residences is committed to provide a safe and healthy work place that involves the participation of everyone. Safety, quality, and teamwork are organizational priorities. Management is responsible and accountable to ensure safe work practices in compliance with the safety management system and applicable legislation. The goal is to identify and control hazards and prevent loss. Adequate resources for the Safety Management System will be provided. Working safely is a condition of employment. Everyone is responsible for safe work practices. Worker Rights: What are your three basic OH&S legislated rights as a worker? Do you know how to make these worker rights applicable to your daily routine? Please talk to your manager with any questions you may have.

1. Right to know

Staff have the right to get information about hazards in the workplace. Hazards are anything that has the potential to cause an injury or illness. Management want staff to be comfortable asking.

For example, if I work in the kitchen, I be must trained in the safe way to do my job such as how to:

- Use and clean dish washers
- Prevent repetitive strain and back injuries.

2. Right to participate

Staff can become involved in health and safety at work. All of our staff are encouraged to participate on the OHC:

- Conduct regular inspections of the workplace
- Assist staff to ensure their health and safety concerns are appropriately handled
- Advise and assist Jubilee with OHS related policies, procedures and issues
- Investigate accidents or dangerous occurrences that may happen at the workplace
- Investigate when someone refuses to perform a job or task that they believe is unusually dangerous.

3. Right to refuse (unusually dangerous work)

Staff have the right to refuse to do any specific job or task which they have reasonable grounds to believe is unusually dangerous. The danger may be to themselves or to any other person. Staff cannot be fired or disciplined for using this right.

Two Mothers Remembered

I had two mothers, two mothers I claim
 Two different people, yet with the same name
 Two separate women, diverse by design
 But I loved them both, because they were both mine
 The first was the mother, who carried me here,
 Gave birth and nurtured, and launched by career.
 She was the one whose features I bear,
 Complete with the facial expression I wear.
 She gave me some music, which follows me yet.
 Along with examples in life that she set.
 Then as I grew older, she some younger grew,
 And we'd laugh as just mothers and daughters can do.
 But then came the year that her mind clouded so,

And I sensed that the mother I'd known soon would go
 So quickly she changed, and turned into the other
 A stranger who dressed in the clothes of my mother.
 Oh, she looked just the same, at least at arm's length,
 But she was the child now, and I was her strength.
 We'd come full circle, we women three,
 My mother the first, the second and me.
 And if my own children should come to a day
 When a new mother comes, and the old goes away,
 I'd ask of them nothing that I didn't do -
 Love both of your mothers as both have loved you!

Jubilee Residences General Safety Rules

We are all accountable for our actions. We are all expected to comply with the provisions of JRI's bylaws, policies, procedures and our code of conduct. All employees must:

1. Be current in all job qualifications such as, but not limited to, any certifications, registrations, licences or risk based training which is required for your position.
2. Show respect for the dignity and well-being of our elders, co-workers and the community by ensuring behaviours, attitudes and communications are positive and respectful at all times.
3. Work the full duration of every scheduled and accepted shift unless you have been granted an approved leave.
4. Always check with your supervisor before carrying out any task or activity if you feel that your personal safety or the safety of others may be at risk.
5. Inspect your equipment and tools before using them and report any defects or problems immediately.
6. Be current and up-to-date in TLR and apply the principles of good body mechanics when moving residents or objects.
7. Wear closed toe, closed heel and supportive footwear that is appropriate to the risks associated with the job and the environment.
8. Use the Personal Protective Equipment (PPE), the safeguards and safety appliances/equipment as outlined in risk base programs and Safety Data Sheets.
9. Wear approved respiratory protective devices when you are likely to be exposed to airborne contaminants (dust, fumes, gas, mist, suspected or diagnosed airborne infections) TB, SARS or any other possible respiratory infection which has not been clearly identified for healthcare workers and any other airborne contaminants that are harmful or offensive.
10. Wear your name tag at all times.
11. Carry, at all times, the nurse call phones and have them turned on to a volume that can be easily heard.
12. Only fill laundry bags 1/2 to 2/3 full and never place foreign objects, garbage or sharps into the soiled linen bags.
13. Store compressed gas cylinders in an upright and secured position. Cylinder valves must be closed when not in use.
14. Participate in programs and initiatives of Jubilee Residences such as, but not limited to, Eden and Purposeful Interactions.
15. Adhere to proper PPE storage and handling when using WHMIS and controlled chemicals.
16. Report promptly any and all accidents, injuries, unsafe conditions and near misses to your supervisor and through the incident reports.
17. Know your rights. 1) The right to know the hazard of the task, how to identify it and the controls 2) The right to participate in the OHC and all safety initiatives. 3) The right to refuse dangerous work (unusually dangerous to the job).
18. Do Not carry personal cellular/data phones with you or use them during work hours unless otherwise directed by your manager. Access to personal cellular/data phones is permitted during all designated break times.

Life doesn't come with a manual, it comes with a mother!

